



Catalyst Baseball Academy – FAQ

What is Catalyst Baseball Academy?

Catalyst is a baseball training and development program serving youth and high school players across the Denver metro area. We offer team play, private instruction, small group training, and year-round development opportunities.

Where are you located?

We operate out of our indoor training facility located at 4285 S Eldridge St in Morrison, Colorado. We also operate out of the Colorado Academy, using both the baseball field and the field house for practices. Additionally, we rent other fields for outdoor practices for our youth teams. Typically, these practice fields are located in the Lakewood, Littleton, Golden, Englewood, and Morrison areas.

Team Participation

What ages do you serve?

We offer teams and training for athletes ages 8–18. Teams are grouped by age and skill level. Our youth program comprises 8U-14U teams (sometimes younger athletes will join one of the 8U teams). Our high school program is made up of 15u-18u teams.

Are there tryouts?

Yes. We hold tryouts seasonally to evaluate players for team placement. Dates are announced via email and posted online. Typically, youth tryouts are right at the end of June or the beginning of July. The high school teams will have two primary tryout dates (one for the fall high school baseball teams and one for the summer high school baseball teams). The high school fall team tryout is usually around the end of July, while the summer team tryout is usually at the end of October. If athletes are interested in trying out for any of these programs but will miss the tryout date due to a conflict, we encourage athletes to reach out and schedule an early or makeup tryout with us.

What is the difference between youth and high school programs?

Youth programs focus on fostering a love for the game of baseball. At the younger ages, we focus more on foundational skills, and as athletes progress through the program, we continue to challenge them more and more. Our goal is to help them develop and progress so that they are prepared to thrive at the high school baseball level.

Our high school program prepares athletes for advanced competition, exposure, and college recruitment. It is the next step in the development of our athletes. We aim to make them the best ball players they can become.

*Another important pricing structure to note: the youth teams pay for their tournaments in addition to the team fees (because of the high variance of schedule selection from team to team), whereas the High School program does not have any additional expense for tournament fees. All of the tournament fees are built into the team fees at the high school level because we will build out, register, and choose all of the tournaments for the high school teams.

Youth Program

Do all of your youth teams have paid coaches?

Not all of our youth teams have paid coaches. Many teams are led by parent or volunteer coaches, which is common at the youth level. However, if your team prefers a paid coach, we can always accommodate that request and ensure your team has professional instruction and oversight.

Can I bring multiple players or a coach over from another team?

Yes! We welcome small groups of players or coaches looking to join together. If you're part of an existing team or coaching group and want to continue working together under the Catalyst banner, we're happy to make that work.

Do youth teams travel as part of their season?

At the youth level, travel is decided on a **team-by-team basis** in collaboration with the head coach and families. Some teams choose to stay local, while others may add one or two travel tournaments depending on interest, goals, and budget.

In the past, our youth teams have traveled to places such as Myrtle Beach, Cooperstown, Arizona, California, New Mexico, Utah, Washington, Nevada, and more. We don't believe travel is necessary to find quality competition or exposure at this age, but it can be an excellent way to build **team chemistry** and create memorable, vacation-like experiences for families.

Some youth teams also participate in league play (often with weeknight games) and then add weekend tournaments — a model we've found works very well.

Tournament Selection

- **Youth Teams:** Coaches work with families to create a tournament schedule that matches the team's skill level and goals.
- **High School Teams:** These teams will travel in the summer and fall for team building, exposure, and to face different competition. 18u has always traveled, while during some 16u seasons, we have stayed local.

How do you handle the transition from youth to high school baseball?

We invite our 14u athletes to transition directly from their 14u season into our High School Fall Baseball Program in the fall of their freshman year (athletes will typically play 14u in their 8th grade year). We aim to support a smooth transition by focusing on long-term development throughout our youth program. As players get closer to high school, we shift our focus to advanced skills, baseball IQ, and preparing for the demands of high school competition.

Unlike our youth teams, our high school program begins in the summer after the CHSAA high school season ends. This allows players to focus fully on their school teams during the spring, then continue their development and exposure with Catalyst through summer and fall opportunities.

Training & Instruction

Do you offer private lessons?

Yes. We offer private, semi-private, and small-group lessons in hitting, pitching, defense, and catching. Prices vary depending on length and package. Feel free to contact us for further details regarding pricing or visit our website at www.GoCatalystSports.com

Who are your coaches?

Our professional coaching staff includes former college & professional players, and instructors with experience at all youth and high school levels.

Logistics & Fees

What is the cost to play?

Team fees vary by age and coaching structure. Full pricing details are available at tryouts or by contacting us directly.

Are uniforms included in the team fee?

No. Uniforms are a separate cost and are ordered directly through our provider.

Do you offer payment plans or financial assistance?

Yes. Payment plans are available, and we work with programs like MySpark and Chance Sports to offer scholarships for qualifying families.

Parent Involvement

How do you communicate with parents?

We use TeamSnap for schedules, updates, and team communication. Major announcements are also sent via email. All of our teams also use GameChanger.

What's expected of parents?

We expect support and respectful behavior. Volunteers may be needed for scorekeeping, team coordination, or tournament logistics.

Contact

How can I get in touch?

Email us at INFO@GoCatalystSports.com or visit our website at www.GoCatalystSports.com. You can also follow us on social media for updates.

Experience Requirements

- **13U and up:** Players should have experience in competitive baseball (leagues and tournaments).
- **11U–12U:** Prior experience is preferred but not required.
- **8U–10U:** Some prior team experience is preferred.

Team Offers & Selection

- Offers may be extended at the conclusion of a tryout.
- Formal invitations and contracts will be sent via email with an acceptance deadline.
- Not all players will receive offers. You will be notified if you have not been awarded a roster spot, but offers may come in waves based on team needs.

Season Fees & Payments

- A deposit is due upon accepting a roster spot.
- Monthly payments run from August or September through March, or families can pay in full.

Practice Schedule

- **Offseason (Winter):** Begins November or December. Teams will practice once per week at our indoor facility.
- **Spring (Outdoor):** Begins late March or early April once fields are released. Teams practice 2–3 times per week.
- Players are not penalized for participating in other sports during the offseason, but communication is key. We are advocates for multisport athletes.

In-Season Expectations

- Attendance is expected once spring practices begin.
- Missing spring practices may impact playing time. Communicate scheduling conflicts with coaches early.

Fundraising

- Teams may organize fundraising efforts to help cover costs for extras like uniforms, bags, travel, or extra tournaments.
- Participation in team fundraising is optional, but families are responsible for their share of costs.

Fall Ball vs. Summer Ball

- Fall ball is separate from spring/summer teams.
- Many players play other sports in the fall, so rosters are different. Participation is optional and billed separately.

Tournaments & Travel

- Most teams play 8–12 tournaments.
- Teams can travel, but it's a team-by-team decision. Some teams travel out of state for high-level events.